



JAPANESE AMERICAN CITIZENS LEAGUE
OF THE MONTEREY PENINSULA



Nakayoshi Event

SHUKATSU (終活)

YOUR LIFE, YOUR PLAN

Date: Saturday, October 03

Time: 1:00–3:00 PM

Location: Monterey JACL Hall, 424 Adams Street

We are honored to present this very important event to discuss advanced care planning for all the stages of your life. Many put off planning for life's eventualities, and this is an opportunity for our community to learn more.

The event is free, donations accepted, no RSVPs needed.

Street parking is 2 hours. There is free parking in the lot to the left of the JACL Hall

John Hausdorff, MD, oncologist at Pacific Cancer Care, Palliative Care and Hospice director will be speaking about the differences between palliative and hospice care. He will also explain the Death With Dignity Act which has many misconceptions.

Joy Smith, RN, MSN was the first community oncology nurse who set the standard for oncology care on the Monterey Peninsula. She is a grief counselor and will be talking about advance planning and the POLST form.

Monika Hardy, PharmD at Community Hospital of the Monterey Peninsula and part of the Palliative Care team will discuss the important role pharmacists play in disease and side effect management. She will also speak about cultural norms in the Japanese community around death and dying.

Eva Montes Portis, Medical Social Worker (MSW, LCSW) at Pacific Cancer Care. Learn more about the role of an MSW in the care team. She will also discuss the cultural norms in the Latino community around death and dying.